

100 g NUTRITIONAL INFORMATION

Product name: Organic White Chia Seeds

Nutrients	Unit	100g
Proximates		
Water	g	7.7
Energy/Calories	kcal	360
Protein	g	23.4
Total Fat	g	32.5
Ash	g	4.6
Carbohydrates	g	31.8
Dietary Fiber	g	30.1
Total Sugar	g	0
Minerals		
Calcium	mg	478
Potassium	mg	635
Sodium	mg	3
Vitamins		
Vitamin D	mcg	0
Vitamin A	mcg	0
Vitamin C	mg	0
Lipids		
Saturated Fat	g	3
Cholesterol	mg	0

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TITTLE: QA SUPERVISOR

Date: 09/09/2021